

September

2022

Strawberry Vale Out of School Care

Snacks

Hello Parents and OSC Kids,

The snacks this month will be fairly simple with minimal prep required while we adjust to our new reality of life at school. If you don't wish your child to participate in our snack please feel free to send one from home. Children will be encouraged to try the snacks provided but if they don't like what we have they can always finish up what's left over from their lunch.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6 Welcome back! Oranges and granola bars	7 Cheese, crackers, pickles, carrots	8 Yogurt tube, apples, cookie	9 Bear Paws and bananas	10
11	12 Watermelon, cucumber, rice cakes	13 Banana bread, oranges	14 Veggie straws, peppers, carrots	15 Fruit salad cups and cookie	16 Frozen treat, apples	17
18	19 Yogurt tube, cookie, pears	20 Popcorn and apples	21 Peanut butter and jam crackers, grapes	22 Cereal, milk, banana	23 Pro Day! Wagon wheels and oranges	24
25	26 Apple waffles, Apple pie!	27 Nacho chips, peppers and cucumber	28 Ants on a log (celery, pb, choc. chips, Nutella almonds)	29 Banana bread, watermelon	30 National Day for Truth and Reconciliation (No School)	31

*Please note: Snacks will sometimes be a little different due to what was available or on sale in store or to things being forgotten!